#### **Apostolate of the Green Scapular**

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# THE FIRST COMMANDMENT OF GOD Exodus 20:3-6

The First Commandment states, "Thou shalt not have strange gods before me. Thou shalt not make to thyself a graven thing, nor the likeness of any thing that is in heaven above, or in the earth beneath, nor of those things that are in the waters under the earth. Thou shalt not adore them, nor serve them:

### I AM THE LORD THY GOD,

Mighty, jealous, visiting the iniquity of the fathers UPON THE CHILDREN, unto the third and fourth generation of them that hate me."

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#### STOP USING YOUR CELL PHONE AT MASS

Your cell phone is a "graven thing" made by humans. If you use your cell phone during Mass, you are worshiping your phone over Jesus Christ during His Holy Sacrifice. Talking, texting, going through emails is a mortal sin. Jesus said, "You cannot serve two masters". Worse yet, you will curse your children, grandchildren and great grandchildren too.

Why risk your eternal life? Why use your cell phone during Mass? Are you more important than the Holy Sacrifice of Jesus Christ? Are you so prideful that you have no fear of Almighty God, who will certainly punish you? You should go to Sacramental Confession and confess the sin of this idolatry of the Lord during Holy Mass.

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